



American Psychological Association Division 51 In Partnership with the Graduate School of Applied and Professional Psychology Present

Facing the Issues: Masculinities in Research and Practice

Saturday, March 24, 2018 9:00am-5:00pm

<u>Rutgers University Inn and Conference Center</u> 178 Ryders Lane, New Brunswick New Jersey 08901 (732) 932-9144

> *Up to 4 CE Hours for Psychologists Instructional level: Introductory*

The Society for the Psychological Study of Men and Masculinity, Division 51 of the APA (<u>www.Division51.net</u>), advances knowledge in the psychology of men through research, education, training, public policy, and improved clinical practice. Research indicates that too often men do not seek out professionals for help and often do not stay in psychotherapy long enough to effect significant change. In addition, few colleges and universities offer coursework and/or applied experiences designed to train students and working professionals to meet the specific needs of men and boys receiving psychotherapy or other mental health services.

The goal of this conference is to provide an opportunity for mental health professionals to integrate into practice many important dynamics involved in the effective psychological treatment of men and boys. Participants in this one-day conference will learn to:

Formulate and apply ways to increase compassion and self-compassion into viable therapeutic outcomes with men. *Keynote speaker: Dr. Dennis Tirch, Founder, The Center for Compassion Focused Therapy (CFT).*

Develop collaborative and proactive methods for women and men to identify and deal effectively with the sexual harassment of women. *Facilitator, Dr. Holly Sweet, Past-President of Division 51 and Co-Founder of the Cambridge Center for Gender Relations.*

Identify and design male-friendly, non-traditional treatment approaches that encourage men to seek and find needed emotional support. *Facilitator: Dr. Ed Adams, President, Division 51, Founder of Men Mentoring Men, and GSAPP graduate.* **Relate and integrate positive psychology approaches into the treatment of men and boys.** *Facilitator: Dr. Brian Cole, Assistant Professor, Counseling Psychology, University of Nebraska-Lincoln.*

Strengthen and develop key skills for providing empowerment-based clinical interventions to adolescent and young adult male clients from marginalized backgrounds. This workshop will focus on individual and group therapy with attention to exploring socio-cultural and intersectional factors, deconstructing toxic masculinities, and facilitating difficult dialogues. Facilitators: Dr. Christopher Reigeluth, Assistant Professor, School of Graduate Psychology, Pacific University & Dr. Bill Johnson, Staff Psychologist, DePaul University Counseling Services.

REGISTER NOW

EARLY BIRD DISCOUNT: Register before February 23rd and receive 15% off! (Enter promo code "early51" at checkout)

Registration Fees: \$180 with CE Credits \$150 without CE Credits

Discounted rates for GSAPP students, faculty, alumni and supervisors! Contact jbenas@rutgers.edu for details

Discounted rates for Division 51 members and Men Mentoring Men members! Contact adams397@comcast.net for details



Rutgers Graduate School of Applied & Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Rutgers Graduate School of Applied & Professional Psychology maintains responsibility for this program and its content. l

Division 51 thanks The Blanche and Irving Laurie Foundation, Harvey Rich and Men Mentoring Men<u>www.menmentoringmen.org</u> for their generous support for Division 51 and this conference.