



## **Inclusive, Affirming, Accessible, and Affordable Services**

The Counseling and School Psychology Clinic at the University of Nebraska-Lincoln offers an array of psychological services to support the mental health, behavioral health, and emotional health of children, adolescents, and adults.



University of Nebraska-Lincoln  
Counseling and School Psychology Clinic  
49 Teachers College Hall  
Lincoln, NE 68588-0345



UNIVERSITY of NEBRASKA-LINCOLN

# **COUNSELING & SCHOOL PSYCHOLOGY CLINIC**

#### **CLINIC DIRECTOR**

Janet Schwartz-Micheaux, Ph.D.

#### **ASSISTANT PROGRAM MANAGER**

Kellan Willet

## Types of Services Offered

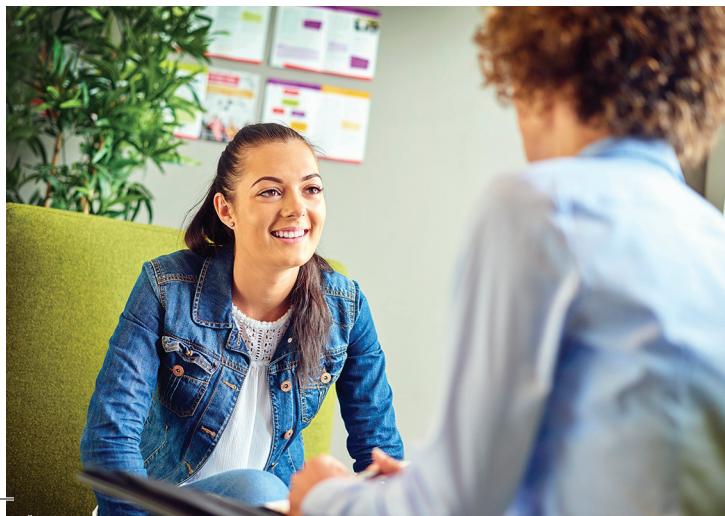
Individual therapy services are offered to children, adolescents, and adults. Our providers aim to help clients foster their strengths and resiliency, while addressing a wide range of concerns including academic and behavioral difficulties, anxiety, depression, stress management, trauma, and emotional dysregulation.

## Who We Serve

Services are available for community members, as well as UNL students, staff, and faculty.

## Service Costs

While we do not accept insurance at this time, our clinic has a flexible, sliding scale so that we are able to provide affordable, quality care to clients.



## Service Delivery

We primarily offer in-person therapy services to our clients. However, we want to be accessible for the clients we serve. We are proud to offer telehealth services, to help reduce transportation barriers and stressors.

## Training Clinic

Services are provided by trained graduate students under the supervision of licensed psychologists. Our therapy providers strive to create inclusive, welcoming, affirming, safe, and culturally sensitive therapeutic spaces to foster trust and healthy therapeutic relationships that promote positive change, success, and wellness.

The University of Nebraska does not discriminate based upon any protected status. Please see [go.unl.edu/nondiscrimination](http://go.unl.edu/nondiscrimination). ©2021, 2023, 2026. PL2601.

## Getting Started

To request services for yourself or your child, you can contact us by phone (402) 472-1152 or by our website:

<https://cspc.unl.edu/schedule-appointment/>

## HOW TO FIND US

Drive west on Vine street toward the UNL campus and the football stadium. As you pass 16th street, you will immediately pass two fraternity houses on your right. After the second fraternity house, you will turn right into a small alley. Drive to the end of the parking lot and look for the spaces C&SP signs on them. Walk into the small courtyard and there you will see a sign for the clinic. If you enter the clinic from inside the building, it is room 50. You will be provided with a parking pass upon arrival into the clinic.

📍 49 Teachers College Hall  
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📞 (402) 472-1152

📠 (402) 472-5889

✉️ cspclinic@unl.edu

<https://cspc.unl.edu/>

